

The Ekka Courier

The newspaper of the Brisbane Show Camp

Online 2019

Friday

16th August 2019

DAILY HIGHLIGHTS

- * 9.00am - 5.00pm: Farriers and Blacksmiths
- * 9.00am - 11.00am: Dairy Cattle Judging
- * 9.00am - 12.00pm: Bush Bands
- * 9.00am - 5.00pm: Dairy Goat Judging
- * 12.00pm - 5.00pm: Small Breeds Stud Beef Judging
- * 8.00pm - 9.30pm: The Rising Suns - Australian Army Band.

The Brisbane Show Camp is a joint program of the Department of Education Queensland and the Royal National Agricultural and Industrial Association of Queensland. Conducted by the Brisbane Urban Environmental Education Centre. Ph: 3552 7111



YOU'VE GOAT TO CHECK OUT THIS YOGA

By Lucy



Goat Yoga, a unique new activity is held daily outside of the Old Museum Building.

The Yoga is presented by Hit105 and hosted by Karmably, an organisation which holds yoga and meditation classes with animals that cuddle and snuggle up to you.

Miss Monaliza Hilario, the session instructor said: "The Goat Yoga is like a Yoga with less focus on what's going on in your

body, but you get to enjoy the presence of the goats and so the goats are kind of representing our distractions in life."

The goats used at Goat Yoga had been neglected by their mothers and were rescued by My Little Farm Friends, a mobile petting zoo.

There are two sessions each day that run from 3:00pm to 3:30pm and 3:30pm to 4:00pm.