

DAILY HIGHLIGHTS

- 9.00am 5.00pm: Farriers and Blacksmiths
- 9.00am 11.00am: Dairy Cattle Judging
- 9.00am 12.00pm: Bush Bands
- 9.00am 5.00pm: Dairy Goat Judging
- 12.00pm 5.00pm: Small Breeds Stud Beef Judging
- 8.00pm 9.30pm: The Rising Suns -Australian Army Band.

The Brisbane Show Camp is a joint program of the Department of Education Queensland and the Royal National Agricultural and Industrial Association of Queensland. Conducted by the Brisbane Urban Environmental Education Centre. Ph: 3552 7111





COOKING TO BRING FAMILIES TOGETHER

By William B and Kalil

Chef Mel Alafaci is conducting "Cookin

cooking classes daily in the Woolworths Pavilion to encourage people to cook at home with their family.



"Cooking at home provides an opportunity for the family to spend time together, which is an opportunity for kids to have fun with their mums or dads," she said.

During the classes she demonstrates a number of different meals that they could recreate at home.

"It is nice to go to a restaurant every now and then, but you just can't beat cooking your own meals at home with your family."

Chef Mel said that it is also good to cook home meals because then people buy farmers' produce.

"The most obvious fact is buying local farmers' produce is that it going to be fresher, tastier and more nutritious because it hasn't been stored. With the drought and everything, the farmers are under such stress and they're really important to us and others, and help them as much as we can," she said.



