

The Ekka Courier

The newspaper of the Brisbane Show Camp

Online 2019

Friday

16th August 2019

DAILY HIGHLIGHTS

- * 9.00am - 5.00pm: Farriers and Blacksmiths
- * 9.00am - 11.00am: Dairy Cattle Judging
- * 9.00am - 12.00pm: Bush Bands
- * 9.00am - 5.00pm: Dairy Goat Judging
- * 12.00pm - 5.00pm: Small Breeds Stud Beef Judging
- * 8.00pm - 9.30pm: The Rising Suns - Australian Army Band.

The Brisbane Show Camp is a joint program of the Department of Education Queensland and the Royal National Agricultural and Industrial Association of Queensland. Conducted by the Brisbane Urban Environmental Education Centre. Ph: 3552 7111



DELICIOUS ALCHEMY ELIXIR

By William B

The Alchemy Company is selling their Golden Turmeric Elixir in the Woolworths Pavilion this year.

Mr Michael Bishop, the founder of Alchemy, has been developing the Elixir since 2014, following on from his success with cordials for more than 23 years.

Golden Turmeric Elixir has been produced using 100 per cent Australian ingredients, many grown at their sustainable farm in Northern New South Wales where they grow turmeric, ginger, galangal and bamboo and many other SE Asian crops.

The Latte made with the Elixir is completely delicious and also has a wide range of good effects on your body. It is anti-inflammatory, mood enhancing, it assists digestion, has antioxidant properties,

it is cleansing, and improves brain functionality.

It is Gluten Free, Dairy Free, Vegan, GMO Free and there is also an unsweetened option.

“People are looking for more and more things to improve their health that are also convenient and delicious. A Big Mac is delicious, but it's not good for you. A Turmeric Latte is delicious, and it is good for you,” Mr Michael Bishop said.

The Golden Turmeric Elixir can be purchased in 300mL or 750mL sizes.

